Level 2 Certificate in Understanding Chi

Medway Adult Education

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Mental health problems affect 1 in 10 children and young people. These issues include depression, anxiety and conduct disorder and can often be a direct response to occurrences in their lives. Emotional wellbeing is just as important as a child's mental health, therefore it is important for those working with children and young people to have a good understanding of the concepts, risk factors and impact of mental health.

You can:

Achieve a nationally recognised Level 2 qualification.

Evidence your competency to employers.

Further your personal and professional development.

Gain an understanding of risk factors which may affect the mental wellbeing and young people.

Learn at a time that suits you without the need to attend college.

Start Date:	01 August 2025
Start Time:	08:00
Lessons:	2
Weeks:	2
Hours:	2.00

Venue

Distance Online Learning
Learning Curve

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What will I learn on this course?

Understand children and yourg people's mental health in context.
Understand factors which may affect children and young people's mental health.
Understand children and young people's mental health concerns.
Understand the impact of children and young people's mental health concerns.
Understand how to support children and young people with mental health concerns.

Is this course suitable for me?

This course is suitable for those interested in joining the education or care sectors. It is also suitable for those interested in developing their skills and earning a qualification.

Is there anything I need to know about this course?

This is an online course.
An initial assessment is required prior to enrolment.

What could I go on to do after this course?

If you wish to explore your learning, work or career options, you can speak to a fully trained careers advisor on 0800 100 900. https://nationalcareersservice.direct.gov.uk

If you need further advice please telephone 01634 338400.

Attendance Policy

This course will need to be completed by the end date, which is in 12 weeks.

How are digital skills used and enhanced?

IT/ Digital skills are fully embedded within the course as this is an online course.
The course is entirely delivered online. Learners will need to have access to a good internet connection and a computer. Learners will also need good IT skills. If learners are interested in developing their IT skills further, we have a number of Digital Skills courses available that may help.
The courseware is a pdf booklet that learners will read and then learners can go onto the website and answer questions to demonstrate their understanding. Learners may wish to print the booklet, but this is not necessary.

Health and Safety

This course may bring up issues of a sensitive nature. If you are worried about anything, please talk to your tutor or our Safeguarding Officer.
Learners are encouraged to work safely. Poor positioning of equipment can lead to Repetitive Strain Injury (RSI). Discover more about safe ways to work with computer equipment here:
https://www.bbc.co.uk/bitesize/guides/zkyg87h/revision/1 .

E-Learning Ettiquette

Please be mindful of confidentiality issues when sharing examples of a personal nature.